

COUNSELING AND PSYCHOLOGICAL SERVICES

Location: Edgewater Hall, Room 245

Telephone: 678-466-5406

Email: counseling@clayton.edu (counseling@clayton.edu)

Website: Counseling and Psychological Services (<https://www.clayton.edu/counseling/>)

Counseling and Psychological Services (CAPS) supports the personal, professional, and academic growth of students at Clayton State University. Our services are designed to meet the wide range of needs that students may have at some point in their careers at Clayton State. CAPS employs licensed mental health professionals who specialize in working with college students, and who are diverse, professional, warm and receptive to students who seek services. Services provided include:

- Short term individual counseling focused on helping students pursue their academic and personal goals
- Group counseling for self-exploration and improving interpersonal and coping skills
- Couples counseling aimed at improving the relationships of students and their partners
- Psychiatric consultation and medication management
- Online counseling
- Relaxation room with massage chair
- Workshops on topics including, stress management, healthy relationships, and managing anxiety and depression
- Online confidential mental health screenings, virtual relaxation room
- Visit our website at www.clayton.edu/counseling for more information
- Request an appointment by calling or emailing counseling@clayton.edu

Hours of Operation

Monday – Friday: 8:00am - 5:00 pm; check the Counseling and Psychological Services website (<https://www.clayton.edu/counseling/>) for evening hours.