

# PSYCHOLOGY (PSYC)

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## **PSYC 1101. Intro to General Psychology (3)**

A broad survey of the major topics in psychology including, but not limited to, research methodology, biological and social factors influencing behavior, development, learning, memory, personality, and abnormal psychology. Applicability of theories and research findings across contemporary cultures is considered.

## **PSYC 2100. Intro Interper Comm & Helping (3)**

This course will address the use of basic helping and communication skills that would be applicable to a variety of work settings and situations, including the development of listening skills, knowledge about working with diverse populations, and increasing self-awareness with the goal of developing and maintaining successful working relationships.

**Prerequisites:** PSYC 1101

## **PSYC 2103. Intro to Human Development (3)**

An introductory, non-laboratory based examination of human development across the lifespan with an emphasis on typical patterns of physical, cognitive, and social development. It is recommended that PSYC 1101 be taken prior to PSYC 2103.

## **PSYC 2105. Statistics for Psychology (3)**

This course is designed to introduce students to basic statistical methods for the design and analysis of research in psychology. Subject areas include: measurement, organizing and displaying data (e.g. graphs and tables), descriptive statistics (e.g. mean, median, mode, variance, standard deviation), elementary probability, correlation and regression, hypothesis testing, sources of error, power, effect size, and an introduction to analysis of variance and factorial designs.

**Prerequisites:** (MATH 1101 or MATH 1111 or MATH 1221 or MATH 1241 or MATH 1501 or MATH 2020 or MATH 2140 or MATH 2502 or MATH 2503)

## **PSYC 2110. Careers in Psychology (3)**

This course serves as an introduction to the Psychology major, with an exploration of career options in psychology, as well as training on the use of American Psychological Association format for writing in the social sciences. Students will learn about the options that they have with their Bachelor's degree in Psychology and those they may have should they continue their education at the graduate level.

**Prerequisites:** PSYC 1101

## **PSYC 3130. Social Psychology (3)**

A survey of the major theories and research findings regarding social influences on human behavior. Areas explored will include attitudes, prejudice, gender roles, altruism, conformity, obedience, attraction, and aggression.

**Prerequisites:** (PSYC 1101 or PSYC 201 or PSYC 205)

## **PSYC 3140. Crisis Intervention (3)**

This course is designed to provide a theoretical and applied foundation for working with people in crisis. Students will examine the role of human services professionals in responding to crises, consider family and cultural influences, and explore methods for intervening in crisis situations.

**Prerequisites:** PSYC 1101

## **PSYC 3150. Group Dynamics (3)**

This course will provide students with a foundation in the principles of group dynamics, with an emphasis on small-group dynamics. Research in the field of group dynamics will be discussed, and well-established principles of group functioning, such as group formation, conflict, and impression management, will be addressed. Application of these principles to the functioning of small groups in psychology and human services-related settings will also be addressed.

**Prerequisites:** PSYC 1101

## **PSYC 3160. Educational Psychology (3)**

Educational psychology is the study of the psychology of learning and how development and differences among individuals influence learning.

**Prerequisites:** PSYC 1101 and (PSYC 2105 or MATH 1401)

## **PSYC 3170. The Psychology of the Africana (3)**

A survey of the numerous cosmological and psychological perspectives that are the historical foundations of African people across the world. Topics include traditional African spiritual systems such as Ifa/Orisa and Vodun, African-centered Psychologists, theories addressing the healing of African people, and the political influences and arts of African people throughout the African diaspora.

**Prerequisites:** PSYC 1101 or AFAM 2010

## **PSYC 3180. Intro to Multicultural Psych (3)**

This course includes studies of multicultural trends including characteristics and concerns of diverse groups; attitudes and behavior based on factors as age, gender, race, social class, sexual orientation, ethnicity and culture, etc. This course is meant to encourage students to reflect on the effect of culture on their own behavior, cognitions, and affect.

**Prerequisites:** PSYC 1101

## **PSYC 3200. Positive Psychology (3)**

Historically, psychology has rather narrowly been oriented toward the "negative"- focusing on understanding and treatment of human weaknesses, deficiencies, and limitations. This course will focus on the emerging field of "Positive Psychology" which is oriented toward scientifically describing and understanding people's strengths, abilities, and potentials. Topics include happiness, psychological well-being, optimal self-esteem, authenticity, mindfulness, and self-compassion, and character strengths.

**Prerequisites:** PSYC 1101

## **PSYC 3210. Abnormal Child Psychology (3)**

Abnormal Child Psychology provides an introduction to the historical and contemporary perspectives, etiologies, research, and treatment modalities for atypical child development. By the end of the course, students should have a better understanding of the 1.) evolution of theories regarding atypical child development 2.) distinction between abnormal development and normal developmental deviance 3.) putative etiologies of childhood disorders 4.) symptoms of disorders commonly diagnosed during childhood and 5.) empirically-supported interventions to ameliorate maladjustment in children.

**Prerequisites:** PSYC 1101 and PSYC 2103 and PSYC 3560

**PSYC 3220. Intro to Latinx Psychology (3)**

This course will introduce students to issues associated with the U.S. Latinx experience. The course will explore psychosocial and cultural factors such as historical experiences, heterogeneity, mental health, immigration & acculturation, ethnic identity, and institutional barriers. The course aims to increase foundational knowledge about the fastest growing demographic group in the country, increase awareness about related issues and encourage the development of multicultural competencies relevant to working with the U.S. Latinx population.

**Prerequisites:** PSYC 1101 and (PSYC 3180 or SOCI 3310 or HLTH 3341)

**PSYC 3300. Ethics & Professional Issues (3)**

This course is to stimulate students to think about major issues related to professional practice in human services and to challenge students to formulate positions on these issues. Students will become familiar with the various ethics codes and develop an ability to apply these codes to a variety of specific problem situations. The course also examines ethical and legal standards, risk management, professional credentialing, and standards for the helping profession.

**Prerequisites:** PSYC 1101

**PSYC 3350. Abnormal Psychology (3)**

A study of the scientific and cultural bases of various conceptions of psychopathology. Application of theoretical frameworks to examine etiology, and current research on evidence-based treatments will be emphasized.

**Prerequisites:** (PSYC 1101 or PSYC 201 or PSYC 205 or PSYC 2103)

**PSYC 3400. Introduction to Community Psyc (3)**

This course is designed as an introduction to the topic of Community Psychology. Students will learn about the history of this field, and the social movements that propelled its founding. The course will further expose students to the theoretical foundations, basic concepts of the field, perspectives on community and social change by challenging students to think about applications to their local community.

**Prerequisites:** PSYC 1101

**PSYC 3500. Psychology of Social Justice (3)**

This course is an analysis of systems which affect our lives on a personal level. In order to really understand how we function as psychological and spiritual beings, we must understand how systems may enhance our development or create barriers in our lives. This class will help us to further realize that we are not ahistorical beings, but are transformative agents that can and will make a profound difference in the world. This class will introduce students to the works of Paulo Freire and Bell Hooks and will explore these works and examine their implications for psychology.

**Prerequisites:** PSYC 1101 and PSYC 2103 and PSYC 3180

**PSYC 3510. Psych. Testing and Measurement (3)**

An overview of psychological evaluation with emphasis on uses of personality, ability and achievement tests including basic descriptive statistics, item development and critical issues in the field of testing.

**Prerequisites:** PSYC 1101 and PSYC 2103 and (PSYC 2105 or MATH 1401)

**PSYC 3520. Theories of Personality (3)**

An introduction to the major theories of personality, including the psychoanalytic, humanistic, and trait approaches.

**Prerequisites:** (PSYC 1101 or PSYC 201 or PSYC 205) and (PSYC 2103 or PSYC 204)

**PSYC 3530. Health Psychology (3)**

An examination of the psychological factors affecting wellness, including emotional, cognitive, social, and behavioral aspects. Biopsychological mechanisms underlying illness and methods for improving health will be included.

**Prerequisites:** (PSYC 1101 or PSYC 201 or PSYC 205)

**PSYC 3560. Research Methods-Psychology (3)**

This course provides students with an introduction to research design and methods in psychology. Topics include learning to review the primary literature; developing a research idea and the development, execution, and interpretation of findings from common research designs; basic analysis of research results; and the basics of an effective written presentation of a project and results. Upon completion of this course, students will have a solid foundation in the methods used to study psychological functioning.

**Prerequisites:** PSYC 1101 and (PSYC 2110 or PSYC 3300) and (MATH 1231 or MATH 1401 or PSYC 2105)

**PSYC 3570. Human Sexuality (3)**

Sexuality is a part of all of our lives. This course is designed to explore the subject of human sexuality in a scientific and open manner. The purpose of this course is for students to gain knowledge about human sexuality as well as critically evaluate their own ideas, values, and mores about sexuality.

**Prerequisites:** PSYC 1101

**PSYC 3580. Addictions (3)**

This course will investigate a broad range of addictive disorders including drugs, alcohol, and gambling as well as other problematic repetitive behaviors (e.g. internet use, binge eating, hoarding). We will investigate the complex biopsychosocial disease process of addiction. There will be emphasis on the physiological brain responses and health consequences.

**Prerequisites:** PSYC 1101 or PSYC 2103

**PSYC 3590. Grief and Bereavement (3)**

This course equips the student to understand and respond effectively to individuals, families, groups, organizations, and communities that have experienced both symbolic and tangible loss and grief reactions. The topics covered in the course, include theories of normal and complicated grief, grief reactions and the factors that influence them at different stages of the life span, cultural and spiritual influences, vicarious trauma and the impact of loss and working in close contact with grief on professionals, and skills and strategies that address therapeutic needs of vulnerable and resilient populations.

**Prerequisites:** PSYC 1101

**PSYC 3600. Sexual Disorders (3)**

This course will focus on the development of sexual behavior problems and dysfunction utilizing Diagnostic and Statistical Manual criteria to evaluate the etiology of disorders, cultural implications, and treatment outcomes. Areas of focus include the psychological makeup of identified disorders, which impede social relationships, adjustment, and overall wellbeing. In addition, the psychological treatment interventions and outcomes associated with working in this area of specialization will be reviewed. Models of intervention will be from clinical and health psychology perspectives.

**Prerequisites:** PSYC 1101

**PSYC 3700. Emerging Adulthood (3)**

This course will focus on the developmental stage of emerging adulthood, the time between adolescence and adulthood, which is typically from age 18 to the mid-20s. Topics will include an overview of developmental theories related to emerging adulthood, how emerging adults transition through major life events and issues such as relationships, love and sex, personal and psychological issues, marriage and intimate relationships, college life, and careers.

**Prerequisites:** PSYC 1101 and PSYC 2103

**PSYC 3801. Selected Topics I (3)**

An exploration of various topics and issues in the fields of psychology & human services.

**Prerequisites:** PSYC 1101

**PSYC 3802. Selected Topics II (3)**

An exploration of various topics and issues in the fields of psychology & human services.

**Prerequisites:** PSYC 1101

**PSYC 4110. Psychology of Gender (3)**

A study of the social construct of "gender" and its impact on individuals and societies; its interactions with biological aspects and determinants of sex; its variations across cultures; and various aspects of human sexual behavior, including their relationship to conceptualizations of gender.

**Prerequisites:** PSYC 1101 and PSYC 2103

**PSYC 4120. Physiological Psychology (3)**

An introduction to the complex interrelationships between biological and mental processes with a particular emphasis on the impact of physiology (e.g., nervous and endocrine systems) on behavior. It is recommended that students complete at least one college-level biology course prior to taking this course.

**Prerequisites:** PSYC 1101 and (BIOL 1107 or BIOL 1111) and PSYC 3560

**PSYC 4130. Intro to Cognitive Psychology (3)**

An examination of the major theories and research findings in areas of human cognition such as information processing and problem-solving.

**Prerequisites:** PSYC 1101 and PSYC 3560

**PSYC 4160. Death and Dying (3)**

This course is a senior-level seminar providing students with an examination of the psychological foundations and correlates of attitudes towards death, death anxiety and grief, cross-cultural perspectives; death education; stages children's awareness; coping with grief and fears; legal issues surrounding death; and attitudes towards the afterlife. The course maintains a focus on death and dying issues in the dynamic context of life and living.

**Prerequisites:** PSYC 1101 and PSYC 2103

**PSYC 4180. Adulthood and Aging (3)**

This course is a brief introduction to or overview of research focusing on adult development and aging within a developmental psychological framework. Students will become familiar with the theories and methods used by researchers to study cognitive, emotional, and physical development in adulthood.

**Prerequisites:** PSYC 1101 and PSYC 2103 and PSYC 3560

**PSYC 4190. Adolescent Psychology (3)**

The purpose of this course is to provide the student with an introduction to characteristics and theories of adolescent development. The course will cover theoretical foundations and transitions of adolescence. This class also examines contexts that affect adolescent development, such as peers and the family. The final portion of the class will examine problems (e.g., depression and suicide, substance abuse, and delinquency) and opportunities (e.g., career development) encountered by adolescents.

**Prerequisites:** PSYC 1101 and PSYC 2103 and PSYC 3560

**PSYC 4480. Becoming a Psych & Human Profes (3)**

Becoming a Psychology and Human Services Professional is a 3 credit-hour, 1 semester course designed for graduating seniors to give the student exposure to various professional opportunities with a degree in psychology and human services to aid the student in postbaccalaureate career exploration.

**Prerequisites:** PSYC 1101 and (PSYC 2110 or PSYC 3110)

**PSYC 4490. Internship/Practicum in Psych. (3)**

A directed and supervised internship or practicum. Students select an appropriate site, arrange an internship, prepare a learning agreement, work 150 hours (minimum) on-site and prepare a log and presentation for fellow internship students. Requires permission of program coordinator and Director of Experiential Learning.

**Prerequisites:** PSYC 1101 and PSYC 3110 or PSYC 2110

**PSYC 4500. Senior Seminar & Internship (3)**

An optional second internship or practicum experience. Students select an appropriate site, arrange an internship, prepare a learning agreement, work 150 hours (minimum) on-site, produce a project for the site and prepare a log and presentation for their fellow internship students.

**Prerequisites:** PSYC 1101 and PSYC 2110 or PSYC 3110 and PSYC 4490 (may be taken concurrently) or HMSV 4490

**PSYC 4540. Intro to Learning and Behavior (3)**

An introductory examination of the major theories of learning with an emphasis on the application of these theories to the modification of complex human behavior. Ethical issues associated with the use of behavior change strategies will be a focus.

**Prerequisites:** PSYC 1101 and PSYC 3560

**PSYC 4550. Intro to Program Evaluation (3)**

This course is designed to help students understand how program evaluation is relevant to human services efforts. The goal is to familiarize students with different types of program evaluation, how to develop an evaluation plan, and how to implement an evaluation. Students gain practical experience through a series of exercises requiring them to learn basic program evaluation concepts, critique existing evaluations, work with stakeholders, understand evaluation design and data collection, and consider dissemination strategies.

**Prerequisites:** PSYC 1101 and HMSV 3010 and (MATH 1401 or PSYC 2105)

**PSYC 4560. Infancy (3)**

This course will introduce students to current theories and research about infant development. Topics include theories and methods of developmental psychology and cognitive, social-emotional, and biological development during infancy. The course will end with an evaluation of social policies that impact infants and their parents.

**Prerequisites:** PSYC 1101 and PSYC 2103 and PSYC 3560

**PSYC 4590. Directed Research (3)**

Designed to further student knowledge of the uses of research methodologies in psychology, topics for this course include research question design, literature review preparation, and research design selection, among others. The course will also require the application of course content to the design of a research project.

**Prerequisites:** PSYC 1101 and PSYC 3560 and (PSYC 2105 or MATH 1231 or MATH 1401)

**PSYC 4801. Selected Topics III (3)**

An exploration of various topics and issues in the fields of psychology & human services.

**Prerequisites:** PSYC 1101

**PSYC 4802. Selected Topics IV (3)**

An exploration of various topics and issues in the fields of psychology & human services.

**Prerequisites:** PSYC 1101

**PSYC 4900. Directed Readings - Psychology (3)**

An in-depth examination of an area of student interest outside the usual focus of the psychology curriculum closely directed by a faculty member.

**Prerequisites:** (PSYC 1101 or PSYC 201 or PSYC 205 or PSYC 212)

**PSYC 4999. Senior Evaluation (0)**

This course is designed to provide formal assistance for senior students as they prepare for employment and/or graduate school application and to provide data of use in assessing the Psychology & Human Services curriculum. Students are required to attend four class meetings that include the following components: seminars on job search strategies and application for graduate/professional school; completion of surveys assessing the quality of the psychology degree program; a standardized subject test in psychology to assess students' knowledge in comparison to national norms; a senior exit interview.

**Prerequisites:** PSYC 1101