

PSYCHOLOGY AND HUMAN SERVICES, BS

The Bachelor of Science (BS) degree program in Psychology and Human Services is firmly grounded in the discipline of psychology while also stressing realistic career opportunities in human services fields for graduates. The curriculum design allows students to explore an academic and experiential environment that prepares them for careers in diverse areas of the helping professions. The program also prepares students for graduate work in psychology, counseling, social work, and related fields.

Graduates of this program will be able to:

- Apply the major concepts, findings, and theoretical perspectives of psychology.
- Evaluate research critically and apply research methodologies used in psychology.
- Demonstrate effective, professional written communication skills both individually and with groups.
- Demonstrate effective, professional oral communication skills both individually and with groups.
- Demonstrate an understanding of the roles, responsibilities, and career opportunities for those with psychology-related degrees.
- Apply the ethical standards set forth by the American Psychological Association.
- Demonstrate awareness and knowledge of individual and cultural differences and their influences on beliefs, values, and interactions with others.
- Demonstrate skills to interact effectively with people of diverse abilities, backgrounds, and cultural perspectives.

Major Concentrations

- Advanced Behavioral Health Concentration (p. 2)
- Cognitive and Physiological Influences on Behavior Concentration (p. 2)
- Gender Studies Concentration (p. 2)
- Psychology of Health & Wellness Concentration (p. 2)
- Psychology of Human Development Concentration (p. 2)
- Psychology of Social Justice Concentration (p. 3)
- Advanced Studies in Psychology Concentration (p. 3)

For all concentrations, students must meet the following requirements:

- Meet all University admission and academic requirements.
- Students must be enrolled in the Psychology and Human Services program.
- Complete all requirements for the Psychology and Human Services B.S.
- All program policies apply, including: no more than two grades of D in upper-division courses are allowed (upper-division courses are all courses other than those of CORE IMPACTS; 1000- or 2000- level courses used in the upper division are included in this restriction).

Program Requirements

Code	Title	Credit Hours
Core IMPACTS		42
All core curriculum recommendations are shown under the Core IMPACTS section of the Undergraduate Graduation Requirements. (https://catalog.clayton.edu/graduation-requirements/undergraduate-graduation-requirements/core-curriculum/#nonsciencemajorstext)		
Field of Study - Psychology & Human Services ^{1, 2, 4}		18
<i>Required Courses</i>		
PSYC 1101	Intro to General Psychology (with a grade of "C" or above)	3
PSYC 2103	Intro to Human Development (with a grade of "C" or above)	3
PSYC 2100	Introduction to Interpersonal Communication & Helping	3
PSYC 2110	Careers in Psychology	3
HMSV 2010	Introduction to Human Services	3
<i>Major Options</i>		
Choose 1 additional 1000/2000 level course This excludes the following: (1) PHED activity, 1000 level HFMG, TECH and MSL courses; (2) courses offered for institutional credit only; and (3) career program courses not specifically approved in advance. ²		3
Upper Division Major Requirements ³		18
PSYC 3300	Ethics & Professional Issues	3
PSYC 3180	Intro to Multicultural Psych	3
PSYC 3520	Theories of Personality	3
PSYC 3130	Social Psychology	3
PSYC 3350	Abnormal Psychology	3
PSYC 3560	Research Methods-Psychology (with a grade of "C" or above)	3
Major Concentration ³		12
Choose one concentration from the following: • Advanced Behavioral Health • Cognitive and Physiological Influences on Behavior • Psychology of Health and Wellness • Psychology of Human Development • Psychology of Social Justice • Advanced Studies in Psychology		
Upper Division Directed Electives ^{3, 5}		6
Choose 6 hours of 3000-4000 HMSV or PSYC		
Free Electives ^{6, 7}		21
Choose 21 hours from 1000-4000 level courses		
Internship Requirement		3
PSYC 4490	Internship/Practicum in Psych.	3
Required Capstone Experience		0
PSYC 4999	Senior Evaluation	0
Total Credit Hours		120

¹ Please note that no more than 12 total hours in Field of Study may be PSYC courses. IF MATH 1401 Elementary Statistics is not completed as part of Core IMPACTS or as a related elective, PSYC 2105 Statistics for Psychology MUST be completed with a "C" or above as a psychology elective. If students complete MATH 1401 Elementary Statistics to meet the Department of Psychology statistics requirement, it must be completed with a "C" or above.

² Courses in the following areas are encouraged: foreign language, sociology, anthropology, philosophy, statistics and biological science.

³ No more than two grades of D in upper-division courses are allowed in the Psychology major. Upper-division courses are all courses other than those of Core IMPACTS. 1000- or 2000-level courses used in the upper division are included in this restriction.

⁴ *PSYC 2105 Statistics for Psychology must be selected if MATH 1401 Elementary Statistics has not been taken in another area.

⁵ No more than 2 selected topics may be taken in this area. For example, you may not take PSYC 3801 Selected Topics I, PSYC 3802 Selected Topics II, PSYC 4801 Selected Topics III, AND PSYC 4802 Selected Topics IV. You are limited to only two classes designated as selected topics.

⁶ Excludes PHED activity, 1000 level HFMG, TECH, and MSL courses; courses offered for institutional credit only; and career program courses not specifically approved in advance.

⁷ May take up to 6 additional upper division PSYC hours (2 courses) in Free Electives.

• BIOL 2252 Anatomy and Physiology II AND BIOL 2252L Anatomy and Physiology Lab II

Advanced Behavioral Health

Code	Title	Credit Hours
Complete the below required course:		
PSYC 3580	Addictions	3
Select 9 hours (3 courses) from the below:		
PSYC 3140	Crisis Intervention	3
PSYC 3150	Group Dynamics	3
PSYC 3210	Abnormal Child Psychology	3
PSYC 3590	Grief and Bereavement	3
PSYC 3600	Sexual Disorders and Psychological Intervention	3
<i>Total credit hours</i>		12

Cognitive and Physiological Influences on Behavior

Code	Title	Credit Hours
Complete 12 hours (4 courses) from the below:		
PSYC 3530	Health Psychology	3
PSYC 4120	Physiological Psychology	3
PSYC 4130	Intro to Cognitive Psychology	3
PSYC 4540	Intro to Learning and Behavior	3
HLTH 3201	Pathophysiology *	3
<i>Total Credit Hours</i>		12

* Pre-requisites:

- CHEM 1151 Survey of Chemistry I AND CHEM 1151L Survey of Chemistry Laboratory I (OR CHEM 1211 Principles of Chemistry I and CHEM 1211L Principles of Chemistry Laboratory I)
- BIOL 2251 Anatomy and Physiology I AND BIOL 2251L Anatomy and Physiology Lab I

Gender Studies

Code	Title	Credit Hours
Complete the below required course:		
PSYC 4110	Psychology of Gender	3
Complete 9 hours (3 courses) from the below:		
PSYC 3530	Health Psychology	3
PSYC 3570	Human Sexuality	3
PSYC 4190	Adolescent Psychology	3
HLTH 3401	Contemporary Women's Health	3
SOCI 3300	Gender & Sexuality	3
<i>Total Credit Hours</i>		12

Psychology of Health & Wellness

Code	Title	Credit Hours
Complete the required 3 hour course:		
PSYC 3530	Health Psychology	3
Complete 9 hours (3 courses) from the below:		
PSYC 3200	Positive Psychology	3
PSYC 3400	Introduction to Community Psych	3
PSYC 3570	Human Sexuality	3
PSYC 3580	Addictions	3
PSYC 4180	Adulthood and Aging	3
HFMG 3110	Personal Health and Wellness	3
HLTH 3341	Cultural Diversity in Health and Illness	3
HLTH 4330	Nutrition	3
SOCI 3130	Drugs and Society	3
SOCI 3850	Health, Illness, and Society	3
<i>Total Credit Hours</i>		12

Psychology of Human Development

Code	Title	Credit Hours
Complete 12 hours (4 courses) from the below:		
PSYC 3160	Educational Psychology	3
PSYC 3210	Abnormal Child Psychology	3
PSYC 3510	Psych. Testing and Measurement	3
PSYC 3700	Emerging Adulthood	3
PSYC 4160	Death and Dying	3
PSYC 4180	Adulthood and Aging	3
PSYC 4190	Adolescent Psychology	3
PSYC 4560	Infancy	3
SOCI 4153	Aging & Society	3
<i>Total Credit Hours</i>		12

Suggested Course Sequence

Please Note: This is a suggested course sequence and assumes a starting freshman with no prior college credit who intends to complete their degree in four years. Students should consult with their academic advisor and review the course prerequisites and minimum grade requirements as seen in the Academic Catalog.

Course	Title	Credit Hours
First Year		
First Semester		
ENGL 1101	English Composition I	3
MATH 1101	Intro to Mathematical Modeling	3
CRIT 1101	Critical Thinking	3
POLS 1101	American Government	3
PSYC 1101	Intro to General Psychology	3
CSU 1000	First Year Seminar	0-1
Credit Hours		15-16
Second Semester		
ENGL 1102	English Composition II	3
Communication or Foreign Language <small>Core Area B2</small>		2-3
Science Course with Laboratory <small>Core Area D1</small>		4
PSYC 2110	Careers in Psychology	3
Credit Hours		12-13
Second Year		
First Semester		
Lower Division Elective (1000/2000 Course)		3
Literature, Philosophy, or Foreign Language <small>Core Area C1</small>		3
Science Course without Laboratory <small>Core Area D1</small>		3
HIST 1111	Survey-PreModern World History	3
or HIST 1112	or Survey of Modern World History	
or HIST 2750	or Critical Trends and Issues	
or POLS 2401	or Intro to Global Issues	
AFAM 2010	Intro-African American Studies	3
or ECON 1101	or Survey of Economics	
or ECON 2105	or Principles of Macroeconomics	
or ECON 2106	or Principles of Microeconomics	
or SOCI 1101	or Introduction to Sociology	
or WST 2010	or Intro to Women's Studies	
PSYC 2103	Intro to Human Development	3
Credit Hours		18
Second Semester		
Fine Arts or Intermediate Foreign Language		3
Math, Science, or Technology Course		3
HIST 2111	Survey of US History to 1877	3
or HIST 2112	or US HIST Since Reconstruction	
PSYC 3300	Ethics & Professional Issues	3
Program Statistics Requirement ¹		3
Credit Hours		15
Third Year		
First Semester		
Lower Division Elective (1000/2000 Course)		3
HMSV 3010		3
PSYC 3560	Research Methods-Psychology	3
PSYC 3350	Abnormal Psychology	3
Psychology Elective (3000/4000 Course)		3
Credit Hours		15
Second Semester		
PSYC 3100		3
PSYC 3180	Intro to Multicultural Psych	3
Psychology Elective (3000/4000 Course)		3
Related Elective		3

Psychology of Social Justice

Code	Title	Credit Hours
Complete the required course:		
PSYC 3500	Psychology of Social Justice	3
Complete 9 hours (3 courses) from the below:		
PSYC 3170	The Psychology of the Africana	3
PSYC 3220	Intro to Latinx Psychology	3
PSYC 3400	Introduction to Community Psyc	3
PSYC 4110	Psychology of Gender	3
PSYC 4550	Intro to Program Evaluation	3
SOCI 3320	Social Inequality	3
SOCI 3310	Race and Ethnicity *	3
SOCI 4420	Law and Society	3
SOCI 3450	Urban Sociology *	3
<i>Total Credit Hours</i>		<i>12</i>

* Prerequisites: SOCI 1101 Introduction to Sociology

Advanced Studies in Psychology

Code	Title	Credit Hours
Complete 12 hours (4 courses) from the below		
PSYC 3140	Crisis Intervention	3
PSYC 3150	Group Dynamics	3
PSYC 3160	Educational Psychology	3
PSYC 3170	The Psychology of the Africana	3
PSYC 3200	Positive Psychology	3
PSYC 3210	Abnormal Child Psychology	3
PSYC 3220	Intro to Latinx Psychology	3
PSYC 3400	Introduction to Community Psyc	3
PSYC 3500	Psychology of Social Justice	3
PSYC 3510	Psych. Testing and Measurement	3
PSYC 3530	Health Psychology	3
PSYC 3570	Human Sexuality	3
PSYC 3580	Addictions	3
PSYC 3590	Grief and Bereavement	3
PSYC 3600	Sexual Disorders and Psychological Intervention	3
PSYC 3700	Emerging Adulthood	3
PSYC 4110	Psychology of Gender	3
PSYC 4120	Physiological Psychology	3
PSYC 4130	Intro to Cognitive Psychology	3
PSYC 4160	Death and Dying	3
PSYC 4180	Adulthood and Aging	3
PSYC 4190	Adolescent Psychology	3
PSYC 4540	Intro to Learning and Behavior	3
PSYC 4550	Intro to Program Evaluation	3
PSYC 4560	Infancy	3
<i>Total Credit Hours</i>		<i>12</i>

Related Elective		3
Credit Hours		15
Fourth Year		
First Semester		
PSYC 3520	Theories of Personality	3
PSYC 3130	Social Psychology	3
Psychology Elective (3000/4000 Course)		3
Psychology Elective (3000/4000 Course)		3
Related Elective		3
Credit Hours		15
Second Semester		
Psychology Elective (3000/4000 Course)		3
Psychology Elective (3000/4000 Course)		3
PSYC 4490	Internship/Practicum in Psych.	3
PSYC 4999	Senior Evaluation	0
Related Elective		3
Related Elective		3
Credit Hours		15
Total Credit Hours		120-122

First-time traditional students enrolling in 9 or more semester hours are required to enroll in CSU 1000 First Year Seminar

¹ PSYC 2105 Statistics for Psychology is preferred. MATH 1401 Elementary Statistics as an alternative.